

**ST CLAIR COUNTY HEALTH DEPARTMENT
ALGONAC COMMUNITY ADVISORY COUNCIL
MEETING MINUTES
May 21st, 2024**

ATTENDED:

Pauline L. – Staff

Dave L. - Staff

Alyssa S. – ST CLAIR COUNTY HEALTH DEPARTMENT- SCHOOL BASED CLINICS, RN

Holly H. – ST CLAIR COUNTY HEALTH DEPARTMENT- ALGONAC, NURSE
PRACTITIONER

Emma G. – ST CLAIR COUNTY HEALTH DEPARTMENT- ALGONAC, CLERK

Carrie T.- ST CLAIR COUNTY HEALTH DEPARTMENT- ALGONAC, MENTAL HEALTH
THERAPIST

Zachary J.- Student

I. Welcome and Introductions

- a. Meeting started at 4:12pm.
- b. Sign in and introductions.

II. Approval of Agenda

- a. Agenda approved without revisions.

III. Business

- a. *Reintroduction to clinic and services*
 - i. Staff and student aware of services and clinic space with no questions
- b. *Introduction of Nurse Practitioner & Staff*
 - i. Introduction of Holly, Emma and Carrie.
 1. Tuesday- Thursday 7:30am-4:00pm clinic areas (Emma and Holly)
Monday-Friday 7:30-4:00 for mental health services. (Carrie)
- c. *Upcoming events and services*
 - i. Discussion regarding painting of the clinic, we are aiming for the summer. Waiting on maintenance of school staff for official date.
 - ii. Comprehensive sports physical clinics with optional immunizations on June 11 and July 23rd at Algonac Jr/Sr High School.
 1. Online registration links have been circulating social media, fliers are posted around the school.
 2. Ideas of how to get the word about physical clinics discussed, David/ Pauline discussed the Algonac Sports booster club Facebook pages to promote.
 3. Adrian from CMH has been distributing fliers to mini cheer teams.
 4. David/ Pauline will set fliers at upcoming Algonquin events to promote.
 5. Promotion of sports physicals to local pediatrician offices to ease their caseload during busy season.
 - iii. Mention of Health Department staff being at the 4H fair for outreach of services.

- iv. Holly will be presenting STI on June 6th in health classes at Algonac Jr/Sr.
 - 1. Discussion on how we will see the increase in STI testing after presentations are given.
- v. Discussion of immunizations being available and stored in the clinic within the next couple of weeks.
 - 1. Discussion of the ease and increase of immunizations being available at the time of appointment versus having to schedule in advance.
- vi. QR satisfaction surveys have been placed in clinic rooms for feedback from students. It is a one question survey where students have the opportunity to express their thoughts on their visit.
- vii. Holly inquires to Alyssa where we are at in the process of naming the clinic. It is down to four names, survey of the names should be going out early next week.
 - 1. Discussion of window coverings and signage for clinics during the summer so it is accessible.
 - 2. Dave mentions a personalized sign with our clinic name covering the windows but still being able to be looked through for allowing parent and students to enter through door 10.

d. Educational/Services utilized- Data Review

- i. Holly discusses the Medical numbers for Q1 and Q2 to clinic. We have seen an increase in students from Q1 to Q2 with 24 new clients and 33 total visits. (attached health center infographics to meeting minutes emailed to attendees and members)
 - 1. Both medical and counseling have shown interest and increased visitation since opening of clinic.
- ii. Attendance from Health Department staff at Millside elementary earlier this month for outreach of services and immunizations to those entering kindergarten.
- iii. Carrie, Holly, and Emma attended Mental Health First Aid Training offered by CMH
 - 1. Pauline mentions the benefit this would have on school staff members
- iv. Collaboration between Pauline and Holly was discussed regarding elementary students and services. Case by case basis, Holly is flexible staying after if Pauline sees a student that needs Hollys services after school hours due to transportation, etc.

IV. Open Discussion

- a. Discussion of the increased number of mental health crisis that is being seen at the elementary and Jr/Sr schools and how to navigate that.
 - 1. Discussion about the need for more mental health services among all areas of the county.
 - 2. Pauline mentions use of 31N worker at the elementary school and its benefits, discussion regarding the possibility of getting a 31N worker here at the Jr/ Sr school with possible discussion with school Principal/ Superintendent

regarding this and their thoughts.

3. Discussion of educating students/small groups on topics like mental health and anxiety so they are aware of what they are feeling and knowing they are not alone.

4. Mention of the 988 Crisis line as another resource

- b. Pauline/Dave mention parent's night at the Jr/Sr school for 2nd-7th grade youth football. Physicals are required. Thoughts of us being open during this time to get increased physical numbers for those who have not completed one. More information with dates and time coming.
- c. Yoga for the students has been postponed due to increased approval timeline. Plans to reintroduce this topic at open houses and getting student involvement during back to school season in the fall.
 - 1. Mention of a yoga/ mindfulness sessions once a month for staff members to help with coping skills for staff. Brainstorming of this to come.
- d. Zachary mentions his use of the clinic and his positive experiences had here.
- e. Discussion regarding the prescribing of mental health medication through the clinic if there is a need and they are actively seeing Carrie. Would involve a policy in place from our medical director. Plans to discuss the process and what this would look like for next school year.

V. Adjournment

- a. Adjourned at 5:40 PM.
- b. Will send minutes to those that attended and those whom initial meeting notice was sent to.
- c. Encouraged to contact staff with additional questions/concerns.

VI. Next meeting

- a. Planned for after summer break. Date to come following these minutes posting.
- b. Zoom option will also be available.